

Sensory Bottle Instructions


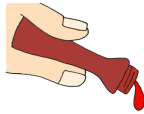

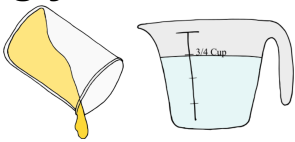


Tools and Ingredients:

1	One plastic bottle 
2	Water 
3	Food coloring 
4	Glitter 
5	Sequins 
6	Water beads 
7	Vegetable glycerin 
Extras	Glue bottle and duct tape



Sensory Bottle Instructions

Directions:

1	<p>Fill the plastic bottle halfway up with water.</p> 
2	<p>Add two drops of food coloring to the water.</p> 
3	<p>Add glitter, sequins, and water beads.</p> 
4	<p>Add vegetable glycerin until the bottle is 3/4 of the way full.</p> 
5	<p>Add water until the bottle is completely filled.</p> 
6	<p>Secure the cap on the bottle.</p> <p><i>*Teachers, you can glue the cap and table it with duct tape to ensure cap closure.</i></p> 
7	<p>Shake your bottle and enjoy!</p> 